



DEPARTMENT OF THE ARMY
UNITED STATES ARMY GARRISON, BAUMHOLDER
UNIT 23746
APO AE 09034-0003

REPLY TO
ATTENTION OF

IMEU-BMH-ZA

14 JUL 2010

MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: Policy Letter 6-2, Safety of Unit Formations/Physical Fitness Training.

1. Reference:

- a. AR 385-10, The Army Safety Program, 7 Nov 08.
- b. AR 670-1, Wear and Appearance of Army Uniforms and Insignia, 2 February 2005.

2. Purpose. To heighten Soldier awareness during the conduct of unit formations and physical fitness training.

3. Applicability. This policy pertains to all military and civilian personnel conducting formations, unit movements, and physical fitness training in the Baumholder community.

4. General. Unit formations moving tactically, administratively, or during physical fitness training present a serious hazard. Death or serious injury can occur without the establishment of appropriate safety measures. Unit Commanders will establish safety measures and conduct risk assessments to identify and mitigate all hazards to unit formations and movements.

5. The following guidelines are established for the conduct of unit formations and/or movements.

a. Conduct unit formations in gravel, grass, and hardstand areas only; not in the middle of thoroughfares or in front of the PX, Shopette, or Commissary.

b. Ensure Soldiers are properly marked with reflective clothing when conducting unit or individual movements on roads IAW unit policy. Safety clothing in the supply system consists of:

- (1) Band, arm safety, reflective orange fabric, NSN 8465-00-177-4975
- (2) Band, arm safety, reflective orange fabric, NSN 8465-00-177-4977
- (3) Band, helmet safety, reflective orange fabric, NSN 8415-00-177-4978
- (4) Band, sleeve safety, reflective orange fabric, NSN 8465-00-177-4976

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(5) Vest, safety, reflective orange fabric, NSN 8415-00-177-4974

(6) Flashlight, yellow, traffic signaling, NSN 6230-00-965-1371

(7) Any other reflective clothing and equipment meeting US or Host Nation safety requirements are authorized.

c. IAW German traffic laws dismounted formations in the German community will be protected during hours of limited visibility by the posting of road guards 20 meters to the front with non-blinding white lights (flashlights) and reflective clothing and 20 meters to the rear with red lights or yellow blinking lights and reflective clothing. It is recommended that units use a wheeled vehicle with a rotating amber warning light as the trail vehicle for unit formations. When on the installation and outside the designated PT route, each formation will have, at a minimum, two road guards with flashlights in the front and rear of the formation.

d. Designate as a minimum, one NCO per unit for straggler control. This NCO is responsible for policing up slow runners into a formation to reduce road congestion. Instruct Soldiers who fall out of unit formation to move to the extreme right of the roadway or onto sidewalks.

e. Formations will occupy no more than one half of the roadway and will not impede traffic. Unit formations and movements within the vehicle restricted zone during morning PT are not restricted to one half of the roadway with the exception of the North Tank Trail and Paladin Avenue. Units on these roads will utilize the interior lane only.

f. Platoon size or higher will coordinate routes and times with the Provost Marshal NLT 48 hours prior to unit movements on public roads to ensure local authorities are notified. When re-entering the installation from off-post, one NCO will stand with the PONDS guard and identify all Soldiers entering the installation. Ensure that stragglers are accounted for.

g. Formations **will not** enter housing areas while conducting PT.

h. The following roads are OFF-LIMITS to PT formations at all times.

(1) Prussman Avenue from Iowa Street intersection southeast towards and through the town of Baumholder

(2) Falbersbach Road towards L 169 and towards Reichenbach Hill

(3) L 169 towards Heimbach

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(4) L 169 towards Niederalben

(5) L 176 towards Kusel

(6) Southern Tank Trail from Seattle Street to L 169 and railroad station

(7) L 348 towards Berschweiler/Freisen


6. Individual PT. Soldiers may conduct individual PT on any standard PT routes on the installation. However, Soldiers conducting PT on any non-standard PT route are required to have a "Buddy." Non-standard routes are those NOT depicted as authorized run routes on the official USAG Baumholder PT Running Routes:

- a. Wear light-colored clothing
- b. Wear reflective clothing/markings during hours of limited visibility
- c. Run on sidewalks as much as possible
- d. Run on the left side of public roads facing traffic

7. USAREUR Pam 385-17 provides valuable information concerning PT risk assessments, causes of injuries, and preventive measures.

8. This policy letter supersedes Policy Letter No. 6-2, dated 2 Oct 2009.

9. POC for this action is the Installation Safety Office @ DSN 485-1670 / 8201.


SAM R. McADOO
LTC, SC
Commanding

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