

Lady Bucs coast to easy victory in B-ball

By Ignacio "Iggy" Rubalcava
222nd Base Support Battalion Public Affairs Office

Baumholder's Lady Bucs are riding the victory wave once again after capturing the European basketball championship for the second year in a row at the playoffs in Mannheim Feb. 17 through 19.

The squad first faced off against Incirlik and after handing them an easy 64-41 defeat, went on to overpower Maramont, 52-30. The girls then faced Roda, who bowed to the Lady Bucs after suffering a 53-21 defeat.

Incirlik came back for the final game but the Lady Bucs repeated their performance from their previous meeting and readily trounced the Mediterranean team, 50-23, to capture the championship for the second straight year.

The girls closed out the season undefeated. They went 17 and 0 during the season plus their undefeated performance in the European championships, according to coach Jack Dugan. "They have a 2-year, 27 game winning



Contributed photo

Coach Jack Dugan poses with the Lady Bucs and team assistants after they Swept the European championship. From upper left are: Jessica Madrid, Tonya James, Katie Feterl, Nicole Grace, Alberta Carroll, Doni Anderson, K.K. Maples, Shannon Alexander, Tieasha Coleman, Jenne Stearns and Peggy Monga

streak," he said.

The winning squad includes, Jenne Stearns, Tieasha Coleman, Alberta Carroll, Shannon Alexander, Tonya James, K.K. Maples and Katie Feterl. Stearns, Coleman, Carroll, Alexander and James made all-conference.

Accounting for their success, Dugan said, "They're very gifted athletes and play extremely well together. They know each other's strengths and weaknesses and they don't worry about who's the leading scorer. They just play to win, and have fun."

Dugan said the girls all met their goals and expectations this season. "My only disappointment was that they never had any competition. They were never pushed. No one ever came within 15 points of them so we never got to see how really good they were," he said.

After a banner performance for the last two years, next season looks a little bleak for the Lady Bucs. All the girls are leaving except Feterl. "Unless they get a lot of people in, they're going to be hurting," said Dugan.

After coaching the Lady Bucs to two consecutive European championships, Dugan is bowing out with the senior class. "I decided to retire this year. I'm not leaving Baumholder. I'm just retiring from coaching. It's my 30th year so I figure that was enough," he said.

It's not a complete departure from coaching, as Dugan plans on coaching the golf team. No doubt, Dugan will be spending more time on the golf course (something many of us only dream about) as soon as school lets out this year.

Students provide insite to academic achievement

After the national media reported that students attending Department of Defense schools in the states were turning in above average scores in tests like the Comprehensive Test of Basic Skills and the 1998 National Assessment of Educational Progress, educators nation-wide wanted to know why.

Since the study focused on students in the states, Education Week magazine turned its attention to students overseas.

After talking to students, parents and teachers from Baumholder American High School and Neubrücke Elementary School, Education Week left with a handful of reasons why students attending Department of Defense Dependent Schools overseas are equally outclassing their counterparts in civilian schools as are students attending the Department of Defense Education Schools System in the states.

Tieasha Coleman, a Baumholder American High School senior said, "This is a more supportive environment. The teachers want you to succeed and they do everything to help you... when they see you drop, they pull you in so that you live up to their expectations."

Junior Crystal Raciti added, "You know more people here. It is more comfortable. All kids get along."

Senior Shannon Alexander feels that everyone has the same opportunities and everyone has something in common. Everyone moves and has parents

involved with deployments. "The minority is the majority. It is a culturally diverse school." She added, "At this school, everyone hangs with everyone, not just your own."

Ron Lundy, chorus and AVID teacher shared, "The community works together for all kids. The students see teachers at all the activities. There is a strong rapport supported by a code of ethics and mandated behaviors which are a part of the expectations."

Baumholder High School parents, Staff Sgt. William and Bonita Jenkins are pleased with the DoDDS system. They said teachers have experienced the PCS adjustments themselves, and work with incoming and outgoing students every day, so they have a greater understanding of how it affects kids.

Bonita Jenkins said, "Teachers work with the parents and with the kids. Kids feel this is 'our' school and they care about me. This is one family here."

When asked about the differences between a stateside school and a DoDDS school she said, "There is no nonsense here... All the kids and teachers know each other... There is zero tolerance for misbehavior. This is a safe school and a safe community."

Ileana Arvelo explained that it was wonderful coming to DoDDS. "We discovered something was different. There is a willingness of teachers to work with parents, students and community. My child came in behind, but in three months she was caught up. All

kids get the help they need here."

The military community and military leadership also play a key role in the success of students in DoDDS schools. Active and devoted input to the quality of life of families, soldiers and airmen is a critical factor that makes DoDDS unique.

Other examples of educational advantages in a DoD school were pointed out to Education Week. The Chief of Staff of the Army has funded the Secondary Education Transition Study (SETS), of which Baumholder High School was the site designated in Europe, along with nine other facilities in CONUS and two high schools in Korea. The senior leaders of the U. S. Army are also studying the effects of students moving during high school years. In doing so, the expect to learn how the school systems and the military could do things better. The research study, which is drawing to a close with results being available in May, will outline many useful decisions.

The U.S. Air Force and U.S. Army support education in other ways. A letter and directive to all military sponsors that their place of duty is the school during parent teacher conference time has had a major impact on active parent involvement in the education of their young people.

All schools have been assigned an active partnership unit. The base support battalion in the Army and the community commanders in the Air Force

support the schools in matters regarding chronic discipline.

All military service branches have a full time community schools liaison officer who provides day to day interface on a variety of issues regarding military support and interest to the schools.

The military has also been actively involved with DoDDS by providing logistical support of the Intern Program for the schools. The program provides quality education for the children and develops a positive applicant pool for talented teachers who are already knowledgeable about the overseas system, and who will come back to work with DoDDS.

Additionally, monthly luncheon briefings and breakfast meetings between military leaders and school principals provide "heads-up" details on deployments, incoming and outgoing units, and other issues that can have an impact on the school. Welcome back luncheons and brunches for teachers and administrators are also held.

Partnership unit commanders attend school advisory counsels and provide assistance to the school and the principal. In all military communities the commanders participate in socials that honor teachers. The unit will provide assistance to schools whenever asked. Examples of support have been tutor and mentoring programs, assisting at

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Volunteers get credit for success of Holiday Food Basket Program

By now, last year's holiday season is nothing but a blur in most people's mind. Many are starting to look forward to Easter and hoping for more pleasant weather. Army Community Services, though, recently did a retro burn and put together a moment to honor some special people who helped out with the annual Holiday Food Basket Program.

"The annual program, active for more than 12 years, could not have been as successful as it was this past season had it not been for the many volunteers who stepped forward to make it happen," said Patricia McDonald, installation volunteer coordinator.

Therefore, ACS recently honored its many Holiday Food Basket Program volunteers during a ceremony at the Rheinlander Feb. 29.

From the people who contributed food to the program, to those who filled the baskets, to those who distributed the holiday goodies, it was community involvement that made this year's program a successful one.

The success of the 1999 Holiday Food Basket Program was measured by the joy of knowing that 221 Baumholder families, who otherwise may not have been as fortunate, were able to enjoy a traditional holiday meal, said McDonald.

An army of volunteers turned out to make this past

program a success. Soldier volunteers came from 8th Finance, 1-6 Infantry, 222nd Base Support Battalion Chaplain's Office, and 4-27 Field Artillery.

Local agency volunteers included the Warrant Officer's Association, Veterans of Foreign Wars, the Boys and Girls Scouts of America, and the Baumholder Community Service Club.

Other volunteers included the Baumholder Commissary, Smith Elementary School, Neubrücke Elementary School, Wetzel Elementary School, NationsBank, 24-Hour Shoppette, and the 222nd BSB S-4 Section.

The Holiday Food Basket Program is designed to provide a basket of food appropriate to the season to soldiers and families in need of supplementary food during the holidays.

Last year, a \$10 monetary food voucher and a turkey was distributed to approximately 115 families.

This year, with the help of the many volunteers and community members who donated to the program, the Holiday Food Baskets included turkey, ham, cranberry sauce, dry cereal, rolls and bread, canned vegetables, pumpkin pie mix, canned fruit, rice or macaroni, boxed milk, pancake mix and syrup, canned soup, dry seasoning mix and assorted dry snacks such as crackers and tortilla chips.

222nd BSB Champ card goes online

Baumholder's familiar yellow CHAMP card is now just a mouse click away. The widely used 222nd Base Support Battalion customer comment card, who's name stands for "Customers Helping Achieve Maximum Performance," is now available on Baumholder's web site.

Customers can access the card by going to www.baumholder.army.mil and clicking on the CHAMP card button.

The card is now interactive and considerably more extensive than the paper cards that are being changed to reflect the online card.

The extended version of the online card generates a data base so that 222nd BSB officials can more accurately respond to customer desires. For example,

the online card generates information like, how many 19- to 25-year-old women responded about the Iron Works and what they thought about the service. It will also tell 222nd BSB officials monitoring the card what day they visited the club and at what time. The online card's data base will enable both 222nd BSB officials and facility managers to better serve their customers by gearing their service to the needs of the customers.

To make the new cyber CHAMP card even more accessible to customers, 222nd BSB officials plan to install computer terminals in high traffic areas that will be accessible to the public to fill out a card or view the rest of the 222nd BSB web site. Look for the CHAMP card at a computer terminal near you.

Partnership units provide tutoring, mentoring

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school carnivals, school field days, and other events, as well as helping with computer labs, to include hardware assistance and working with students. These are just a few of the many ways partnership units help the schools. In the case of the 2nd Battalion, 6th Infantry Regiment in Baumholder, they even used a Bradley to tear down a building that was not needed.

Lt. Col. Mark McAlister, 8th Finance Battalion commander, who's unit is the partnership unit for Neubrücke Elementary School said, "All students will perform and achieve. It is not a handicap to be a minority. These schools give students the tools to be successful." When asked how the Army encourages members to volunteer and go to conferences, he explained, "It is more than encouraged, it is demanded. Commanders allow parents time to go to conferences and to be involved with volunteer du-

ties. It is a priority as a commander to balance all responsibilities." McAlister said it was important, as a commander, to know that when a soldier deploys the large army family will take care of his soldiers' children. Knowing the school is there to help children deal with deployment and separation allows a soldier to do his job."

Brig. Gen. Michael Maples, Baumholder senior tactical commander, also spoke of the values and caring the Army places on education. "In collecting my thoughts on why DoDDS kids do better, I have to say, caring teachers, smaller schools, military support, military community uniqueness, a faculty and administration who have empathy for lives of students external to the school play a key role. Military professional development, to include military and civilian education and academic opportunities all have an affect on the education of the students."

Post Notes

ACAP
mil 485-6741

ACAP offers VA benefits briefing

The Veterans' Administration is more than paperwork and disability claims. The VA offers medical, home buying, and job assistance to all who qualify. Learn more about VA benefits for active duty soldiers, retirees, family members and separating soldiers from a stateside VA representative April 4 at 10:30 a.m. at the Baumholder Army Career and Alumni Program Center. The VA representative will also be available for individual counseling after the briefing. There is no permanently stationed VA representative in Germany, so take advantage of this opportunity to learn more about the VA. Spouses are encouraged to attend. Contact the ACAP office for more details at mil 485-630/6741.

Transitioning soldiers and their family members can take advantage of the following ACAP classes offered in March and April:

Mandatory Preseparation Briefing:

March 21, 8:30 a.m.-noon

April 4, 8:30 a.m.-noon (VA briefing at 10:30 a.m.)

April 18, 8:30 a.m.-noon

Job Assistance Workshop:

March 8, 8:30 a.m. to 4 p.m.

March 21, 1-4 p.m.; and March 22, 8:30 a.m. to 4 p.m.

April 4, 1-4 p.m.; and April 5, 8:30 a.m. to 4 p.m.

April 18, 1-4 p.m.; and April 19, 8:30 a.m. to 4 p.m.

Spouses of soldiers transitioning out of the Army are welcome and encouraged to attend all ACAP activities. For more information and to reserve a space for all classes, contact ACAP Center at mil 485-6741/6330 or civ (06783) 6 6741/6330.

ACS
485-7196

Family forum addresses community issues

The Baumholder Army Family Action Plan/Family Force Forum is scheduled from 9 a.m. to 5 p.m. March 10 at the Rheinlander. This grass roots initiative provides soldiers and families with a voice to alert Army leadership to quality of life concerns. It starts with annual local forums where appointed delegates throughout the community raise issues, suggest ways to resolve them and report out to installation commanders. Some of the forum's success stories include tuition assistance for overseas spouses, an increase in family separation allowance, and creation of the Better Opportunities for Single Soldiers program.

Designated delegates should take the time to support the quality of life in the Baumholder community and the Army by sharing their good ideas through the AFAP process.

ACS at a glance

A newcomers coffee is scheduled from 9 to 11 a.m. April 4 in the Army Community Services lounge.

Army Community Service and the Baumholder Library are offering story hour for children in the morning due to many requests from the community. This month, story hour is offered 10 to 11 a.m., March

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9 and 23 at the Baumholder Library. Upcoming story hours will be offered April 13, 27.

People who would like to be a guest reader may contact the ACS Outreach Program at mil 485-6252.

An FSL meeting is scheduled 10 a.m. to noon April 6 in the ACS conference room.

The Foreign Born Spouses meet from 10 a.m. to noon March 18; and April 1, 15.

An Army Family Action Plan meeting is scheduled from 9 a.m. to 4 p.m. March 8. This is a community forum to put forth quality of life issues in the local community through the chain of command up to the Department of the Army.

A Family Support Group Train the Trainer session is scheduled from 9 a.m. to 2 p.m. March 22 in the Rheinlander.

Education mil 485-7557

The 1st Armored Division Association offers college scholarships to family members and active duty military on an ongoing basis. Stop by the Baumholder Education Center today to pick up an application.

The CLEP English Composition WITH Essay exam will be offered at Baumholder May 24. This test must be ordered by April 5 at the education center, Building 8108.

The PRAXIS Exam will be offered at Baumholder April 26. Exams must be ordered at the education center by March 8.

Baumholder's Adult Education Program is looking for teachers. If you are able to teach Typing/Keyboarding, English as a Second Language, Conversational French or Spanish, or any other special skill, call Bill Badger at the education center today at mil 485-6487.

DoDDS update

Neubrücke features scholastic book fair

Neubrücke Elementary School holds a scholastic book fair March 14 from 8:30 a.m. to 3 p.m. and March 15 from 8:30 a.m. to 3 p.m. and 6 - 8 p.m. More than 700 books will be available for purchase. Some of the selections include, Harry Potter, American Girl, Poke'mon, Goosebumps 2000, Beverly Cleary, Animorphs, Baby-sitter Club, Hello Readers, Magic Tree House, Clifford and Bernenstain Bears and more.

FSG update

47th FSB has new FSG liaison

The new Battalion Family Support Liaison for the 47th Forward Support Battalion is Sgt. Marcus Zito. He may be reached at mil 485-7040.

Information

Spring into fashion with PX, Teen Cafe

In conjunction with Army Community Services as they celebrate the Month of the Military Child, the post exchange and Teen Cafe present "Spring is in the Air," April 1 at 6 p.m. in the Rheinlander, a fashion show displaying the spring fashions offered at the exchange. Following the fashion show there will be a

Post Notes

dance for the youth. For further information pertaining to this event, please contact Marivic Jones at mil 485-6731.

Installation pass office changes hours

Baumholder's installation pass office has changed its customer service hours.

Installation pass service for employees and contractors will be available from 8 a.m. to noon Mondays through Fridays.

Finger printing services will be available from 8 a.m. to noon, Mondays through Fridays by appointment only at the installation pass office.

Extended visitor pass service will be available from 8 a.m. to noon Mondays through Fridays at the installation pass office, Ausweilerstrasse 1, room D1, top floor (behind German fire station); and 1 - 4 p.m. Mondays through Fridays at the 222nd Base Support Battalion Headquarters, Building 8698, down stairs.

More information is available by calling Bianca Bowen at civ 485-7141/7542.

La Leche League meets

The La Leche League meets at 10 a.m. the second Tuesday of every month in Neubrücke housing, Building 9986, Apt. 1-B and the next meeting is scheduled for March 14. For details, call civ. (06782) 980109.

Job Corner

Local national positions

The following local national jobs are available at Baumholder, Neubrücke and Idar-Oberstein:

Store Worker, pay grade 2 and 3, closing date is March 31

Sales Store Checker, pay grade 2, 3 and 4, closing date is March 31

Kitchen Personnel (Positionen fuer Kuechenpersonal) pay grade 2, 3 and 4, closing date is March 31

For more information on these positions, call mil 485-6590, or civ (06783) 6-6590.

NAF jobs

The following nonappropriated funds positions are available in the Baumholder community at the indicated locations:

Smith, Wetzel, Dispensary, Strassburg CDCs

Child and Youth Program Assistant, flexible, \$7.47 per hour, open continuous

Smith SAS

Child and Youth Program Assistant, flexible, \$7.47 per hour, open until filled

Rec Emporium

Recreation Assistant (aerobics), flexible, \$7.50 per hour, open until filled

Rod and Gun Club

Bar Assistant, flexible, \$6.19 per hour, open until filled

Bowling Center

Recreation aid, flexible, \$5.50 per hour, open until filled

Bowling equipment repair person, regular full time, \$8.79, open until filled

For more information on these job opportunities, call the Nonappropriated Funds Civilian Personnel Office at 485-6566.

Appropriated funds positions

Assistant Child Development Center Director, GS-7, open until filled

Get a job with AAFES

The Army and Air Force Exchange Service at Baumholder has continuous openings at all of its facilities for custodial workers, warehouse workers, retail cashiers, food service workers and customer service. For more information call the AAFES Human Resource Office at mil 485-7334, or civ (06783) 3086.

Volunteer office needs your help

All persons interested in volunteering are welcome to stop by the Installation Volunteer Coordinator's Office in the Army Community Services hallway, Building 8746. For more information, contact Jennifer Legg, installation volunteer coordinator, at mil 485-6565/6468 or civ (06783) 6-6565/6468.

MWR

Arts and Crafts

Take a ceramic pouring class and learn how to create your own one of a kind flower pots. The next ceramic pouring class is offered March 10. You could also take advantage of the services at the frame shop at Keepsake Arts and Crafts and have a seasonal print or photo matted and framed to hang in your home. The retail shop at Keepsake Arts and Crafts stocks an array of baskets and dried flowers, use these supplies to make a decoration for your home. You could also purchase decorative stamps and note cards to create your own personal springtime stationery. Give them a call at mil 485-6687 to find out more.

Arts and Crafts calendar

Monday, Tuesday, closed

Wednesday through Sunday, Frame and Retail Shop open

Thursday, Sunday, Parent Child Clay Play Day

March 8, Pottery Class (two part class)

March 10, Ceramic Pouring Class

March 10, 24, half price ceramic firing

March 11, Underground Railroad Quilt Blocks

March 12, Advanced Matting (double mats and circle cuts)

March 18, Baby Quilt Class

March 19, finish your quilt

Call Arts and Crafts for information on black and white darkroom and porcelain doll classes.

Auto Crafts offers cleaning, auto detailing

Get your wheels set for spring with help from the Baumholder Auto Craft Shop. They offer a car cleaning package that includes under the hood and under carriage cleaning with a pressure washer. Cost for this thorough cleaning is \$70. If you are looking for something a little cheaper, under the hood and under carriage cleaned is available for \$35. For more information call the Auto Craft Shop at mil 485-6344.

Baumholder Auto Parts Yard

The Baumholder Auto Parts Yard offers many services including: towing, lockout services and other forms of roadside assistance. Call mil 485-6684 for more information.

New trip includes weekend camping, biking

Baumholder Outdoor Recreation is planning a new trip this spring and summer called Bike Germany. Participants will be able to bike and camp in different areas in Germany for the weekend. Contact Baumholder Outdoor Recreation for more information on this new trip. Outdoor Recreation is also offering bike trips along the Mosel and Rhein Rivers starting in April.

The first trip heads down the Mosel April 29. For bike maintenance and repairs, take your bicycle to Baumholder Outdoor Recreation Give them a call at mil 485-7182 for more information.

Outdoor Recreation hits the slopes, shops

Outdoor recreation offers the following trips and activities in March:

March 12, 26, paintball at the Rod and Gun paintball field

March 17-19, ski trip to Garmisch

March 31-April 2, Polish shopping trip, cost is \$79 per person.

Find fitness at the pool

Splash your way to a better body during water aerobics every Tuesday and Thursday from 7-8 p.m. at the Baumholder indoor pool.

Start training up now for the Baumholder Day's swim meet, June 17. Call mil 485-6156 for more information.

Rudy's Bar & Grill

Get green at Rudy's Bar and Grill on St. Patrick's Day. Enjoy the luck of the Irish at Rudy's Bar and Grill's St. Patrick's Day Party, March 17. Party goers can enjoy green beer, corned beef and cabbage and a variety of other exciting and festive things. Call mil 485-8602 for more information.

Rudy's calendar

Wednesdays, dart tournament

Wednesdays through Saturdays, dinner, bar is open

Thursdays, pool tournament

March 17, St. Patrick's Day party

Rod and Gun Club

Celebrate Mardi Gras New Orleans Style with the folks at Baumholder's Rod and Gun Club March 3 from 9 p.m. to 4 a.m. The cover charge is \$3. Enjoy drink specials and the tunes of DJ Lady V. For details call mil 485-6345.

Rheinlander

Start your weekends off right at Baumholder's Rheinlander. Enjoy dinner in the Rose Room from 5 to 9 p.m., or kick back in the BUB from 4 p.m. to midnight.

Baumholder bowling calendar

Tuesdays, Nifty Fifties Night

Saturdays, Moonlight Bowling

Saturdays and Sundays, Kid's Bowling Specials
March 8, 22, Rock 'n' Bowl

March 15, 29, Dollar Days

Iron Works Club

Fridays, R&B Night, come party with German students from local colleges.

The Iron Works is available for special functions, give them a call to find out more at mil 485-6961.

Rod and Gun Club has home delivery

Baumholder's Rod and Gun Club now offers free home delivery service from 5 to 10 p.m. "Winchesters on Wheels" home delivery is available every Wednesday, Thursday, Saturday and Sunday. To order your home deliver, call the club at mil 485-6345, or civ 06783-5330.

Rod and Gun Club calendar

Wednesdays through Fridays, lunch

Wednesdays through Sundays, breakfast, dinner, Pro Shop is open, bar is open

Thursdays, Country and Western dance lessons
March 18, German-American shoot

Spring sports for youth

Baumholder Youth Sports offers three great sports to keep children entertained this spring.

Post Notes

Registration is going on now for youth spring soccer. This league is open to all Baumholder area kids between the ages of 4 and 18. Interested parents can register their children at the CYS central registration in Building 8743 or at the Strassburg or Neubrücke School Age Services. Call Youth Sports at mil 485-6968 for more information about youth spring soccer.

Baumholder Youth Sports is always looking for qualified coaches and volunteers. If you have a desire to help the children out this spring, give Baumholder Youth Sports a call at mil 485-6968.

Kids can get into the swing of things with the Baumholder youth baseball and softball seasons. Registration for these sports takes place during May. Baumholder children ages 4 to 18 can play on a variety of age appropriate teams from T-ball on up. Register at CYS central registration or at the Neubrücke or Strassburg SAS. Call mil 485-6968 for details.

Child and Youth Services

Dispensary CDC

The Dispensary Child Development Center offers hourly care for children 6 weeks old to kindergarten, part-day programs for pre-school children and full-day program for kindergarten children. Call mil 485-7203 for more information.

Wetzel CDC

Full-day programs for children six weeks old through kindergarten are offered at the Wetzel Child Development Center. Call mil 485-7133 for more information.

Smith CDC

The Smith Child Development Center offers full-day programs for children six weeks old through kindergarten. Call mil 485-6461 for more information.

Strassburg CDC

The Strassburg Child Development Center has full-day programs for children six weeks old through kindergarten, a part-day preschool program and limited hourly care. Call mil 485-8608 for more details.

Smith, Neubrücke, Strassburg SAS

The Smith, Neubrücke and Strassburg School Age Services offer before and after school programs and hourly care. For more information, call Smith SAS at mil 485-7276; Neubrücke SAS at mil 485-7731; or Strassburg SAS at 485-8621.

Strassburg Community Youth Services

Strassburg Community Youth Services offers after school activities for students in grades sixth through 12th.

Imagination Station

The Imagination Station in Wetzel Housing offers before and after school programs. Call mil 485-7475 for more details.

The Underground

After school and weekend activities for 11 to 15-year-olds are available at the Underground. Call mil 485-6940 for more information.

Teen Café

The Teen Café has after school and weekend activities for 15 to 18-year-olds. Call mil 485-8625 for more details.

Sign up for softball, basketball

Sign up throughout March for softball and basketball at Baumholder's Community Youth Service.

Persons interested in coaching, teaching or volunteering to help with CYS Sports may call mil 485-6968.

Red Cross
mil 485-1760/6313

Healthy Pregnancy, Healthy Baby Course

The next Healthy Pregnancy, Healthy Baby Courses are March 17 and 18 from 6-9 p.m. Saturdays and 9 a.m. to 3 p.m. Saturdays.

Red Cross Baby Sitting Course

The next Red Cross Baby Sitting Course is March 24 and 25 from 6-9 p.m. Saturdays and 9 a.m. to 3 p.m. Saturdays.

Red Cross has new emergency numbers

The American Red Cross has new emergency after hour telephone numbers. Their new emergency assistance numbers are mil 431-2334, or civ 07031-15-334.

The Baumholder Red Cross will maintain their regular phone numbers during normal operating hours. Their hours are Mondays through Fridays from 8 a.m. to 4:30 p.m. (except holidays) and their telephone numbers are mil 485-1760/6313, or civ (06783) 6-1760/6313.

Community First Aid and Safety

The next Community First Aid and Safety Course is March 10 and 11 from 6-9 p.m. Fridays and 9 a.m. to 3 p.m. Saturdays. The cost is \$30.

Volunteer Orientation

Persons interested in volunteering for the American Red Cross are welcome to attend the next volunteer orientations March 21 at 9 a.m. in the Red Cross office.

Red Cross offers Disaster training program

The Baumholder American Red Cross Disaster Program is looking for people who have six to 16 hours a month free. If you are interested in how The Red Cross handles major disasters contact Wayne Rogers mil 485-6181 or the American Red Cross office at mil 485-1760. The next Disaster team meeting is March 15.

Aquatics academy comes to town

The Baumholder Red Cross Station hosts the annual Aquatics Academy April 25 through May 9. The academy is a comprehensive educational opportunity for individuals interested in lifesaving and water safety. The following courses are offered:

Instructor Candidate Training provides new instructors with a strong foundation to teach Red Cross Health and Safety.

CPR for the Professional Rescuer is designed to educate all interested Water Safety Instructors in advanced lifesaving skills and CPR.

Lifeguard Training teaches lifeguard skills and the knowledge needed to prevent and respond to aquatic emergencies.

Water Safety Instructor trains instructor candidates to teach the Infant and Preschool Aquatics Program; the seven levels of the Learn to Swim Program; and the Emergency Water Safety and Water Instructor Aide courses.

Lifeguard Instructor trains instructor candidates to teach Basic Water Safety, Emergency Water Safety, Basic Lifeguarding, and Lifeguard Training.

Water Safety Instructor Trainer teaches eligible individuals the skills necessary to become instructor trainers. Instructor trainer candidates will be mentored by the lead IT for the Aquatics Academy.

Lifeguard Instructor Trainer teaches eligible individuals the skills necessary to become instructor trainers for lifeguarding courses. Instructor trainer candidates will be mentored by the lead IT for the Aquatics Academy.