

Implementation near for WIC Overseas Program

Plans to deliver the Women, Infants, and Children Overseas Program to the pilot sites continues at a rapid pace. The successful federal nutrition program operating in the U.S. will soon be at Baumholder.

Choctaw Management Services Enterprise, an organization with extensive experience in delivering the USDA WIC program in the States, will be responsible for staffing and management of the WIC-O program on Baumholder. CMSE, in concert with the European Lead Agent and the post leadership, are teaming up to bring this high-priority, quality of life program to Baumholder.

CM/SE has designed a phased-in, systematic process for participants to enroll into this program. Based on USDA guidance, the first phase is designed to identify potentially eligible participants who are in the highest nutritional risk category. Specifically, pregnant women fit this category. The WIC-O staff will identify potentially eli-

gible participants to determine who will meet the basic income and residential criteria requirements. These individuals will be contacted and offered appointments at the WIC-O office.

Specially trained staff will further determine if they have a medical risk (such as anemia, underweight, etc.), which is required to confirm eligibility for the program.

The next phase of the program will consist of a series of briefings to the commanders, staff, key com-

munity agencies and all other interested individuals. These first briefings will be directed toward unit leadership and community agencies in order to set the stage for their support in the enrollment process.

Potential WIC eligible participants will be invited to unit level town hall meetings where the WIC-O staff will provide information addressing the specific operations and requirements of the program. Attendees will learn about the various aspects of the program such as

nutritional education, information on the food packages, procedures for lab tests, how to shop at the commissary with their food vouchers and more. The documentation that is required to complete the certification process will also be discussed in greater detail.

At the conclusion of each presentation, the WIC-O staff will screen attendees to assign each individual a priority based on USDA guidance. Appointments to the WIC-O Office will be given to fur-

ther determine eligibility, provide nutritional education, and deliver the food voucher coupons. The entire start-up enrollment process at Baumholder is anticipated to take approximately three-months.

Due to the Status of Forces Agreement and restrictions in Germany, CM/SE cannot hire civilian staff until all the necessary approval is obtained. In order to continue implementation of the program, TRICARE Management Activity in Washington D.C., the agency with primary management of the OCONUS WIC program, will provide military support for the initial start-up in Baumholder.

The WIC-O Program represents an opportunity to improve the health and wellness of service members and their families. Clinic officials emphasized that as a community, Baumholder needs to do its part to ensure maximum participation in this important program. Watch for specific WIC-O briefing dates to be announced.

WIC officials change briefing plans

An article about the Women, Infants and Children Program published in the Jan. 9 edition of the Herald Union contained information that changed after the article was published. There will not be any WIC briefings Jan. 29 – Feb. 2.

The contractor will be contacting pregnant women as the first priority for the WIC program, while determining the eligibility of these

people for the program they will be offering briefings to the community and establishing a priority system for appointments, based on USDA guidelines. The WIC office will open Feb. 7 to handle appointments only. Priority one individuals will be contacted for these appointments. WIC officials explained that everyone will have an opportunity to qualify for the program but based on the

number of possible participants it will take approximately three months to enroll all Baumholder participants. Persons not contacted before Feb. 7 should attend the community briefings to determine their priority and for additional information on applying for the WIC program.

Briefing times and locations will be announced once they are set.

Red Cross gets new manager

The new station manager for the Baumholder American Red Cross is Michelle Bailey. Bailey has been with the American Red Cross for seven years and comes from Rhein Main Air Base. Bailey received her undergraduate degree from the University of Maryland and her graduate degree from Boston University.

Classes in January

Jan. 26, 27, Community First Aid and Safety

Volunteer orientations

Volunteer orientations are held at the American Red Cross in the Wagon Wheel Theatre building and last approximately one-and-a-half hours. Orientations are held the first Tuesday of each month at 3 p.m. and the third Tuesday at 9 a.m.

Baumholder Afghan

The Baumholder American Red Cross has designed a high quality Afghan with pictures of local area sites. Pre-orders for the Afghans at \$40 each are currently being accepted. The Red Cross must buy the Afghans in lots of 100 so an exact delivery date cannot be guaranteed. Once the first order is placed, the Red Cross will be selling the Afghans for \$45 each. Payment for pre-order is due at placement of order. A sample of the Afghan is on display at the American Red Cross and everyone is invited to stop by and view it. For more information, call the Red Cross at mil 485-6313.

Want to be an officer?

The 222nd Base Support Battalion will conduct an Officer Candidate School Board Feb. 22 from 8:30 a.m. to 4 p.m. in the Training Support Division small classroom, Building 8475. The board is open to any qualified enlisted soldier who is interested in becoming a Commissioned Officer. All packets must be completed and turned into the 222nd BSB Adjutant's Office by Feb. 15. For more information contact Sgt. 1st Class Jarvis Jennings at mil485-6150/7255.

Dance classes offered

Dance classes are offered every Tuesday and Thursday for ages 4 to adult. For more information, call mil485-7003/6968.

Auto crafts

Auto crafts is having a class on how to buy a used auto on Feb. 5 and 12 from 2-3 p.m.

There's a MIG welding class from 7-9 p.m. Feb. 9, 15 and 23. The cost is \$5. Call mil485-6344 for more information.

Car auction

The Baumholder Auto Parts Yard is having a used car auction Feb. 15 starting at 10 a.m. The bidding starts as low as \$150 for each car and goes up in \$10 increments. The event is open to all U.S. identification card holders with a valid U.S. Army Europe license. It

Cosmic bowling

Cosmic bowling is now available at the bowling center on Saturdays from 9 p.m. to 1 a.m. Use glow in the dark balls and bowl to disco lights, a fog machine and a stereo system. The cost is \$9.50 for unlimited games during that time. Shoe rental is not included in the cost.

Youth news

It's night out at the movies Feb. 2 for a \$5 fee that includes a popcorn and soda.

An all-area Valentines dance is scheduled Feb. 3 in Neubrücke for children 11 to 15 years old. The cost is \$5.

Trip out

Baumholder Outdoor Recreation is going on a trip to Paris Jan. 27. The cost is \$45 and includes a tour guide and transportation. A ski trip to Grindelwald, Switzerland is planned Feb. 2 to 4. The price de-

pends on the package selected. A Munich express trip is scheduled Feb. 3 for \$35.

ACS at a glance

Units and Agencies who would like to submit a volunteer's name for Volunteer of the Quarter should do so by Feb 9. All individuals whose names are submitted will receive a certificate, be entered into a drawing and receive additional recognition. For more information on nominations please call Army Community Services at mil485-8188 or civ (06783) 6-8188.

The International Spouses Club now meets on the first and third Tuesday of each month. The next meetings are Feb. 6 and 20 from 10 a.m. to noon in the ACS lounge. The next Newcomers Coffees are Feb. 6 and 20 from 10 to 10:30 in the ACS lounge.

Army Community Services and the Baumholder Library are offering story hour for children Jan. 25 and Feb. 8. Story hours are offered 9:30-10:30 a.m. for ages 0-18 months and 10:30-11:30 a.m. for ages 19 months - school age. People who would like to be a guest reader may contact the ACS Outreach Program at mil485-6252.

Army Community Services Outreach and the New Parent Support Program invite everyone to join their three new programs, Parent and Child Play morning, Breast Feeding Class and New Mother's Support Group Pot Luck Luncheon. There will be interactive play time for kids up to school age and their parents. Call ACS for more information at mil485-8188 or civ (06783) 6-8188.

Army Family Team Building invites everyone to the following upcoming classes:

- Level I, Feb. 28, 8:30 a.m. to 2 p.m.
- Level III, Feb. 13-14, 9 a.m. to 2 p.m.

Army Family Team Building now offers night classes for Level II & III. Classes will be on Monday nights from 1800 to 1900, with two modules each night. Listed below are the January evening classes and those in February:

Post notes

Jan. 29

Adapting to Change
Intermediate Problem Solving

Feb. 5

Group Dynamics
Volunteer Management

Feb. 12

Time Management
Meeting Management

Feb. 19

Family Readiness Groups
Networking with Community Agencies

Building a Resource Library

Feb. 26

Military Grade and Command Structure
Benefits, Entitlements and Compensation
Traditions, Customs, Courtesies and Protocol

After completing each level of AFTB, students receive a Certificate of Completion from AFTB.

Child care for day classes is paid for by AFTB. Classes are limited to 15 students per class, so call to make reservations at mil485-8542/8188.



ACS Calendar

Jan. 23

Stress Management

Jan. 24

Conflict Resolution
Credit Use and Credit Cards

Jan. 25

Couples Communication

Story Hour

Family Violence Prevention

Jan. 29

Successful Parenting
Employment Orientation
Resumix Workshop

Jan. 30

Stress Management

Jan. 31

Anger Management

Feb. 1

Child Safety and Supervision

Feb. 2

Army Family Action Plan

Feb. 5

Successful Parenting
Employment Orientation
Resumix Workshop

Feb. 6

Stress and Time Management

Feb. 7

International Spouses Club
Newcomers Coffee
Banking and Checking Account
Developing a Positive Self Esteem

Feb. 8

Couples Communication
Story Hour (library)

Feb. 9

Raising Responsible Kids

For more information about classes or services call mil485-8188, or civ (06783) 6-8188.

At the education center

Automotive Service Exams are scheduled for May. Persons interested must order their exams at the Baumholder Army Education Center before March 15. Call Bill Badger at mil485-6487 for more information.

What a terrific home page you have. Those wishing to hear this about their home page may want to enroll in the weekend seminar on web page design being given by the University of Maryland at Baumholder in February.

See your Maryland field representative today for more information.

Baumholder's Adult Education Program is now registering for the

coming term.

Courses available include: Conversational German I and III, Cooking/Cake Decorating, and Basic Computer Skills.

Courses cost \$40 each and only cash is accepted.

Soldiers may request a free e-mail address by visiting the on-line site at www.us.army.mil.

Soldiers can now view and print unofficial copies of their Army transcripts on line at: <https://aartstranscript.leavenworth.army.mil>.

Now is the time to apply for Spouse Tuition Assistance for the semester that begins in March. Stop by the Baumholder Army Education Center today to pick up an application for the Army's Spouse Tuition Assistance Application and the Free Application for Federal Student Aid (formally called the Pell Grant).

Just a reminder to all Baumholder college students: The 1st Armored Division Association offers college scholarships to family members and active duty military on an ongoing basis. Stop by the Baumholder Education Center today to pick up an application.

Soldiers needing help to prepare for military testing to attend PLDC or BNCO may use the Tutoring Services being offered at the Baumholder Education Center. Call 485-6487 for more information.

The University of Oklahoma and Cameron University Representative from Ramstein Air Base will visit the Baumholder Army Education Center on a monthly basis.

Do you want to raise your GT score, attend warrant officer/flight school, or are you thinking about applying for special forces? All your testing needs can be accomplished by visiting the Military Testing Office in Building 8255. For more information contact Julie Jason at mil485-6487.

Common cold medications pulled from shelves

A recent recall of certain over-the-counter medications may not have come to your attention. Phenylpropanolamine (PPA), a central nervous system stimulant and nasal decongestant, is an ingredient found in many popular medications used to treat colds and suppress appetite. The local PX, Commissary, shoppette, and pharmacy were quick to take medications containing PPA from the shelves and post warning signs.

The medications listed are from the AAFES stock assortment for Europe. There are other medications that may contain this ingredient which people may have. Check labels of medications at home and identify any medication containing

phenylpropanolamine (PPA). If any of the medications listed below were purchased at local commissary, PX or shoppette they may be returned for a full refund. If they cannot be returned for a refund, bring them to the Pharmacy for proper disposal. While searching the medicine cabinet, also look for outdated or old medications and bring those in for disposal as well.

The following medications were pulled from local pharmacies and stores:

- Alka-Seltzer Plus
- Travist-D
- Triaminic Triaminicol
- Contact Severe Cold 16 Ct
- Comtrex Deep Chest 24 Ct
- Dexatrim XSw/VitC

- Dexatrim EXT Duration
- Accutrim Max Strength
- Dimetapp DM Cough/cold
- Dimetapp Elizer
- Alka Seltzer Plus Cold Liquid
- Alka Seltzer Plus night time
- Alka Seltzer Plus Orange
- Alka Seltzer Plus Tabs
- Alka Seltzer Plus Night Time Tabs

- AAFES Tussin CF Cough formula 4 ounce
- AAFES Dimaphen Elizer 4 ounce
- AAFES Effervescent Cold Relief 36 count
- AAFES Diet Caplets
- Permathene-16
- Robitussin CF Cough Syrup
- Comtrex Multi Symptom
- Sine Off Sinus

Local student heads for 'presidential classroom'

Syrita Balentine, a student at Baumholder American High School, will travel to our nation's capital as a participant in Presidential Classroom's Global Business e-Commerce and Public Policy Program, a leading civic education program. The March 10-17 program gives scholars a first hand look at the interplay of business and the federal government.

Joining hundreds of high school students from across the country and abroad, Balentine will take part in seminars presented by leaders representing each branch of government, business, labor organizations, the military, media and lobbying organizations. Additionally, students are scheduled for a private tour of the White House, appointments with their Senators' and Representatives' offices and a visit to a foreign embassy. Also included in the program

are half-day conferences hosted by businesses and government organizations in the Washington area. Recent hosts include the Department of Transportation, National Pub-



Photo by Ignacio "Igggy" Rubalcava

Syrita Balentine

lic Radio, USA Today, the Environmental Protection Agency and Mobil Oil Corporation.

"I'm very honored and excited about participating," said Balentine. "I'm also proud to represent the Baumholder community," she said.

Small-group workshops will focus on issues such as business and labor in U.S. foreign policy, job security and private sector influence on media. Discussion and debate will be balanced with visits to Washington's monuments and Smithsonian museums, an evening of political satire with The Capital Steps and a commencement celebration.

Since 1969, Presidential Classroom has provided more than 87,000 of America's top students with unprecedented access to Washington's halls of power and the people shaping public policy. Alumni have gone on

to be leaders in their own communities and many, like U.S. Representatives Chet Edwards (TX) and Chris John (LA), and U.S. Senator Robert Torricelli (NJ) have returned to Washington as public servants.

Presidential Classroom also offers the PC Scholars Program (the flagship civic education program), the Science, Technology and Public Policy Program; the Media and Democracy Program and, for international students, the Future World Leaders Summit.

Presidential Classroom calls for outstanding student leaders to become active citizens. To participate, students must be juniors or seniors in high school, hold a "B" average or higher, or rank in the top 25 percent of their class, and be involved in community or school co-curricular activities.

Tax season fast approaching, center readies for Feb. 1 opening

Tax season is right around the corner. The Baumholder Tax Center will open its doors for business Feb. 1. The center will again be located in Building 8670, next to the finance office, Service Credit Union and Community Bank. The BTAC offers tax assistance preparation for federal and state income taxes, as well as electronic filing.

The tax center is prepared to

offer free tax service to all service members, their family members and eligible Department of Defense and Department of the Army civilians. Internal Revenue Service trained soldiers and volunteers will prepare both federal and state tax returns. Last year the BTAC saved many customers upwards of \$200 in tax preparation fees.

The BTAC will open from 9 a.m.

to 5 p.m. Mondays through Thursdays and 9 to 3 p.m. on Fridays. Customers may walk-in or schedule an appointment. Appointments may be scheduled starting Jan. 29 by calling mil 485-8644.

Customers must bring all W-2s, Social Security Cards for all family members, military identification cards, all 1099 Forms, a voided check or banking information including

routing number, a copy of their 1999 tax return, and a power of attorney, if needed. At the BTAC, customers will be asked to complete a simple questionnaire.

This questionnaire enables BTAC's personnel to expedite the customer's tax return. If a customer's taxes are complex, such as those that involve itemized deductions or FCC providers, they

must schedule an appointment. The BTAC wants everyone's business and looks forward to serving the community.

Volunteers are still needed to help with tax preparation. All volunteers will receive free IRS tax training. To volunteer or for more information concerning the center, call the legal assistance office at mil 485-6506, or civ (06783) 6-6506.

Notification rules change for intra Europe moves

Persons completing a European move now have a little more time to file for loss or damage to personal property.

Under the new Military Traffic Management Command contract, the "pink form" (Notice of Loss or Damage, DD Form 1840R) may now be delivered to your local claims office not later than 70 days from date of delivery of your local, linehaul, or intra-theater household goods shipment.

Prior to the change, persons wishing to file a claim had only 14 days in which to file their notification of loss or damage to personal property.

This change went into effect Oct. 1, 2000 and eliminates host nation distinctions. "Pink forms" with less than eight items are accepted every Wednesday from 8 a.m. to 3 p.m. at Baumholder's legal center. Larger claims are handled by appointment. For more information, contact the Baumholder Legal Services Center's Field Claims Office at mil 485-6507 or 8677.

Community ushers in 2001 in grand style

Rheinlander rolls out red carpet for 250 guests

By Ignacio "Iggy" Rubalcava
222nd Base Support Battalion Public Affairs Office

It's the gala event of the season. Host nation and third country dignitaries, American civilians and military all come together to ring in the new year during the annual Baumholder community New Year's reception.

In the wake of numerous changes and improvements, the Rheinlander once again served as the gathering point for this annual event that was enriched with food, drinks and musical entertainment. The red carpet was rolled out for the 250 guests hosted by Brig. Gen. Dennis E. Hardy, senior tactical commander and Lt. Col. Eric F. Wagenaar, 222nd Base support battalion commander. Among those invited were local politicians like Folkmar Pees, Baumholder district mayor and Claus Rickes, Baumholder city mayor. German military officials as well as French and British military liaisons were also on the guest list. But the

afternoon's festivities were not limited to prominent members of the military and civilian community. German families that hosted American soldiers as part of Operation Christmas Cheer and the soldiers they hosted were also invited. "Many of these families open their homes annually and invite American soldiers to spend the holidays with them," said Madeleine Dwoiakowski, 222nd BSB public affairs officer. "They reflect a true grass roots spirit of support and partnership between German and Americans, that's why we, in turn, open our doors to them and invite them to take part in this community celebration," she said.

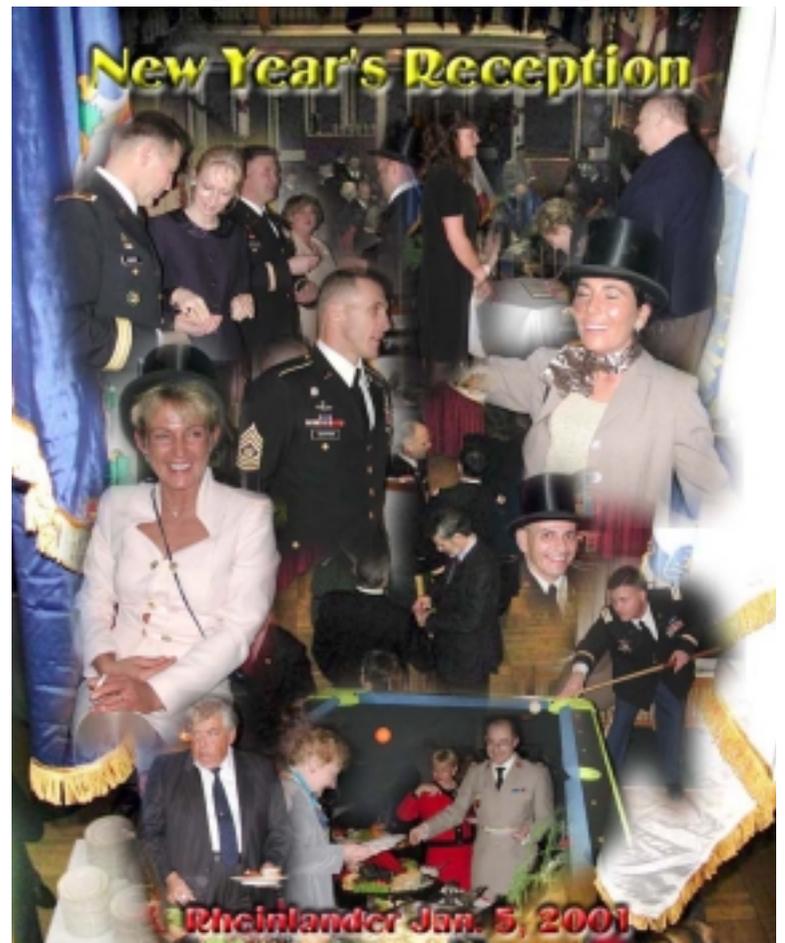
In his brief remarks, Hardy reflected on the Kosovo deployment as a significant event made possible by both communities and thanked everyone for their support of the U.S. military and civilians.

Providing the musical interlude this year was Melanie Bäumlér, a young aspiring entertainer from the community.

A long standing tradition at the

New Year's reception and almost and institution, is the presence of two chimney sweeps in the reception line. Chimney sweeps are good luck icons and when one acknowledges your presence or shakes your hand, good fortune is said to follow. Dressed in their traditional black chimney sweep garb and top hats, Jochen Scherne and Eric Heinrich handed out miniature chimney sweep figurines and pfennig coins to the guests as good-luck charms.

In recent years, organizers of the annual event have featured displays of events relating to the German or U.S. communities, or both. Last year's display featured soldiers dressed in uniforms dating back to the Roman Legionnaires. With support from officials at the city archives and the local historian, Herbert Grimm, this year's display chronicled the city of Baumholder's last 100 years. Some of the highlights included construction of the local soccer field, Baumholder lake, past festivals, the city-hall and the numerous changes to Kennedyallee and Poststrasse.



Photos by Ignacio "Iggy" Rubalcava

Everything from a formal reception line, food, drinks and fun at the "BUB" made up the annual community New Year's reception.

Rheinlander consolidates to serve its customers

By Ignacio "Iggy" Rubalcava
222nd Base Support Battalion Public Affairs Office

Things are coming together at the Rheinlander, literally. Personnel and budget cuts in the late '90's placed the once thriving Rheinlander Officer's Club into a financial tailspin that it could not recover from. Consequently, the 222nd Base Support Battalion commander at the time was forced to close the club. It's doors were open from time to time for special occasions such as New Year's receptions, bazaars, presidential visits, unit functions and more.

Several attempts to revitalize the Rheinlander followed but they always fell short of success. The latest initiative, though, appears to be taking hold. It includes consolidating a variety of services in the facility and refurbishing it from top to bottom. A new and energized Rheinlander is rapidly emerging from beneath the many lessons learned.

One of the factors steering this initiative to revitalize the Rheinlander is that "We want to turn the Rheinlander into a community hub," said Terri Little, Rheinlander manager and the man on point overseeing the various aspects of this initiative. "It is close



Photo by Ignacio "Iggy" Rubalcava

Visitor's to the Rheinlander make use of the Cyber Zone's email, internet and gaming capabilities.

to the Lagerhof Hotel and Smith housing. That means that in bad weather you do not need to drive a long way to go out to eat, for example," he said.

Other reasons driving this consolidation include reduced overhead, labor, and the ability to offer customers one place to go for many different activities, according to Little.

From the ground up

Starting from the floor up, the Rheinlander has received a much-needed face lift. Dark blue carpeting has replaced the old burgundy shade that needed runners to hide the hardwood floor that showed

beneath its threadbare sections. There's also new red carpet on the staircases leading up to the balcony.

With help from the Baumholder Community Service Club, new wallpaper now graces the Rheinlander's walls.

If you need a Battle Update Brief after work, the bar, or BUB is now open Mondays through Saturdays. Its hours are Mondays through Wednesdays, from 5 – 8 p.m.; Thursdays from 5 – 10 p.m.; Fridays from 4:30 p.m. to midnight; and Saturdays from noon to 10 p.m. The BUB includes two televisions, one tuned to AFN and the other to CNN. Lining the freshly painted walls are

slot machines for customers to try their luck while relaxing with friends. There's also an electronic dart board and a new pool table has recently been added.

Next door to the BUB is the Cyber Zone, a sort of cyber café that was moved from the Iron Works to consolidate as many services as possible in the Rheinlander. The move places it in a central location where it is now more accessible to family members and Lagerhof guests.

It's new location gives visitors to the Rheinlander the capability to send e-mail, surf the Internet, or play more than 30 of the available games. Some of the games are multi-player and use computer programs like Acrobat Reader, Instant Messengering. Word processing and graphics software is also available.

Rent some wheels

New to MWR and another service now available at the Rheinlander is a car rental service. Leisure Car Rental offers compact, mid-size and vans for rent.

Holiday specials running through Jan. 31 include \$15 to \$100 off of the price of vans. "Come on in and we'll put you in the drivers seat," said Mike Nash, manager of Leisure Car Rental.

Gourmet style food on a budget is now available Thursday, Friday and Saturday evenings. Dinners range from \$2.95 - \$5 for kids and \$5 - \$15 for adults. There are many different dishes to choose from every night such as pasta, chicken, fish, shrimp and other seafood and of course, schnitzels.

In the hallway next to the dining room is a television that features children's movies so the grown-ups can enjoy some quality time after the meal. There are also games available for the children. With continued support from the community, this service will convert into a full service restaurant in the basement of the Rheinlander by July 1. Fritz Denné is the chef behind the scene.

Units pitch in

Reflecting true community support for the Rheinlander, Baumholder's 2nd Brigade and Division Artillery have sponsored and renovated two rooms for unit functions and events. The 2nd Brigade room has been dubbed the Regimental Room and DIVARTY's room is called the Red Leg Room. Each room showcases the heritage of the sponsoring unit. DIVARTY has a miniature cannon in theirs, along with pictures, flags and other memorabilia.