

Local community stands by U.S. military

By Ignacio "Iggy" Rubalcava

222nd Base Support Battalion
Public Affairs Office

When a group of Germans showed up near the main entrance of Smith Barracks to demonstrate against the war in Iraq they were greeted by a number of Baumholder residents who showed up to stage their own counter demonstration.

The anti-war demonstrators, who drove into Baumholder from Idar-Oberstein to stage their protest, arrived in a vehicle convoy, waving anti-war signs and breaking the calm by sounding their car horns.

The pro-American demonstrators who assembled at the main entrance to Smith Barracks where quite vocal as they waved American flags and brandished signs with German and American flags and the words "Baumholder, We Belong Together."

As the anti-war demonstrators peacefully approached the intersection of Prussman Avenue and Kennedy Allee, the counter-demonstrators positioned themselves in a chain-like formation while waving U.S. flags and posters and chanting anti-demonstrator slogans. Several onlookers and spectators spon-

taneously joined in with the counter demonstrators and also vocalized their displeasure of the out of town demonstrators.

"Although less in numbers, the pro-U.S. demonstrators sent a clear and strong message of solidarity with their American friends," said Bianca Bowen, 222nd Base Support Battalion, who witnessed the demonstration. "While they remained peaceful, I have no doubt that they were ready to confront the anti-war demonstrators. They displayed a sense of 'ownership' as they bonded together to support their American neighbors," she said.

One of the counter-demonstrators stated that the U.S. had been good to him for the last 15 years, and Siggi Zimmer, Berghof Hotel proprietor, made it clear that she and her staff are lifetime friends of the U.S. The same sentiments were shared by all the taxi drivers and the many other citizens who turned out to support their American friends," said Bowen.

Other pro-demonstrators included proprietors from the Sunshine Grill, Foto Hassdenteufel, local taxi drivers and numerous other Baumholder residents.

Although the anti-war demonstrators from Idar-Oberstein made



Photo by Bianca Bowen

Michaela Werle, a local taxi driver, brandishes an American flag and Siggi, Zimmer, Berghof Hotel proprietor, waves a U.S. and German solidarity poster during the recent protest near the main gate. The two were some of the local residents who turned out to support their American neighbors.

it clear that their demonstration was not against Americans but rather against the war, Baumholder residents took it personal.

Bowen noted that "In a clear and concise way, the pro-U.S. demon-

strators proclaimed their friendship and their gratitude to the Baumholder U.S. population and conveyed to the visiting demonstrators they should or 'better' take their demonstrations elsewhere.

This is Baumholder, these are our U.S. friends.

"Witnessing all this gave me a sense of reassurance of what I had already suspected. Baumholder really is a unique place to be.

Child and youth

mil 485-7276

Goju Lessons

Chinese Goju youth classes are held Mondays and Thursdays from 6-7 p.m. at the Neubrücke Gym. The cost is \$30 each month and includes an official patch, testing, advancements, belts and certificates. Chinese Goju is a combination of hard and soft elements in karate and kung fu. This discipline enhances flexibility, self-esteem, and builds confidence. Learn from Master Instructor, Thomas Felder, who has 30 years of experience in martial arts.

Youth dining-out

Your sixth through twelfth grader can sample foods and experience cultures of nations around the world with Baumholder Youth Services. They'll be dining-out May 2 at a Korean restaurant in Kaiserslautern. The bus departs the Underground at 5:30 p.m. Reserve your seat in advance.

Youth swim classes

If your child is six months and older he or she can be enrolled for swim classes with Baumholder Child and Youth Services. Classes offered include: Parent/Child Water Orientation for six months to 3-year-olds; Preschool Swim Lessons for ages 3-5; and Level I, II, III, IV for ages 6 and up. Children can participate in synchronized swimming, water polo, stroke improvement and water safety. The cost is \$45 for eight classes. Classes are on Wednesdays and Fridays at the Baumholder indoor swimming pool. The

MWR roundup

registration fee includes a skill level certificate.

Rheinlander

mil 485-7507

Mother's Day brunch

Treat Mom to an all-you-can eat brunch on May 11 from 10:30 a.m. – 1 p.m. at the Rheinlander. The menu includes: omelets, waffles, eggs, bacon, sausage, pasta, pork roast potatoes, soup, salad buffet, dessert buffet and much more. The cost is \$12.50 for adults, \$9 for children 10-15 years old., \$6 for children 6-9 years old, and children 5 and younger eat for free.

Rudy's

mil 485-8602

Pool Tournaments

Rudy's pool tournaments are held at 8 p.m. on the first and last Wednesdays of every month. Prizes are awarded.

Pizza to order

Get American-style pizza with thick crust at Rudy's in Baumholder. They make their dough fresh daily and deliver to the surrounding area. Get a made-to-order, piping hot 13-inch pizza for \$8 plus \$1 per topping. You can also dine-in. Dining hours are Wednesdays and Thursdays from 6-9 p.m.

and Fridays and Saturdays from 6-10 p.m.

Rod and Gun Club

mil 485-6345

Hot, fresh pizza

Baumholder Rod and Gun Club serves and delivers made-to-order pizzas, starting at \$7.95 for a cheese pizza. Additional toppings are 50 cents each.

Right on cue

Pool tournaments at the Baumholder Rod and Gun Club begin at 7 p.m. every Wednesday. Prizes are awarded to the winners.

Gone country

If you love country and western, you'll feel right at home at Baumholder's Rod and Gun Club. Round up your friends for free country and western dance lessons every Thursday night and stop in for country music on Fridays and Saturdays until 4 a.m.

Rolling Hills

mil 485-7299

Spring Open

If golfing is your passion, play in the Spring Open with the Rolling Hills Golf Course. This event is set for May 17 with a 9 a.m. tee time. The entry fee of \$25 includes food and prizes. Nonmembers must pay a green fee. To participate, sign up in the pro

shop no later than May 14.

Demo Days on the course

Rolling Hills Golf Course offers an opportunity for players to try a variety of different clubs from several brand-types. Receive a discount on corresponding brand days in the pro shop. Demo Days are scheduled as follows: Titleist on May 8 from noon – 6 p.m., Calloway on May 10 from noon – 4, and Nike on June 26 from noon – 6 p.m. Learn more about this event and others at www.baumholdergolf.com.

Open for lunch

The new Windmill Pub at the Rolling Hills Golf Course is open for lunch and is serving daily lunch specials from 11:30 a.m. – 1:30 p.m. Mondays through Fridays.

Unit-level golf pass

For \$400 you'll get one annual golf pass, one set of rental clubs and one driving range token to use within your unit. This is a perfect reward for Soldier-of-the-Month or simply to have available to sign out.

Bowling Center

mil 485-6569

Nifty Fifties

Enjoy 50 cent bowling at Nifty Fifties night every Tuesday from 4 – 11 p.m. at the Baumholder Bowling Center.

Five-for-five

The Baumholder Bowling Center charges \$5 for five games of bowling every Monday from 4 – 11 p.m. Five-for-five bowling welcomes all ages of bowlers.

Soldiers receive deployment notice

By Ignacio "Iggy" Rubalcava

222nd Base Support Battalion
Public Affairs Office

The soldiers of Baumholder's 2nd Brigade Combat team were recently told they would soon be deploying to Iraq by Maj. Gen. Ricardo Sanchez, 1st Armored Division commander. "This division has already been called and you, every single one of you here is in the first xxx force packages that we're going to deploy out of here," said Sanchez. The general flew into Baumholder to present the soldiers of the 1-6 Infantry Battalion, 2-6 Infantry Battalion and 1-35 Armored Battalion the Commanding General's Excellency in Gunnery Award in a brief ceremony on Minnick field.

The commanders of 1-6, 2-6 and 1-35, Lt. Cols. Jeffrey Bannister, James Boisselle and Richard Douglass, respectively, accepted the award on behalf of their soldiers.

After the presentation Sanchez told the soldiers to fall out and fall in on him next to the stadium bleachers. As the soldiers approached Sanchez said, "I'm proud of you - every single battalion meeting the standard that we have established for gunnery excellence.

"What better way for us to tell ourselves, to prove to ourselves, that we are prepared to go to war. There's no better way than to have every single one of you that is in a Bradley or a tank crew be able to have the confidence that when you get out there in the middle of that desert, in the middle of one of those

towns, you're going to be able to hit and kill on first round down range. No better way. That's what you need to do and you need to sustain that because we're going to war," said Sanchez.

He said that the soldiers of Charlie Company, 2-6 Infantry Battalion was already on the ground and already fighting.

"So you're gonna follow, we're gonna follow, very rapidly, there is no doubt, absolutely zero doubt that this division will deploy. And we will deploy within the coming weeks," he said.

He explained to the soldiers that they would deploy alongside the commanders and other leaders they've trained with.

"You gotta look to your left and your right. This is who you're going to fight with. The leadership that you have right now, that's who you're going to fight with. Nobody is changing. No commands are leaving, no first sergeants, platoon sergeants, no crews change out. This is the way we're going to stabilize to make sure that you can be effective on that battlefield," he said.

He then pointed out to the soldiers the importance of maintaining and caring for their equipment. The equipment you have... is the equipment you're going to live with. It's the equipment that you're going to fight with," he said.

He added that it was important to have a very good handle on the status of that equipment because "In battle, I guarantee you will be struggling to make sure that that equipment is ready to fight. Even if you're on the attack, on the move,



Photo by Ignacio "Iggy" Rubalcava

Maj. Gen. Ricardo Sanchez, 1st Armored Division commander, talks to soldiers of the 2nd Brigade Combat Team after presenting Excellence in Gunnery Awards to three units from the 2nd Brigade Combat Team.

you'll be fixing it because that is what will make the difference between survival and death on the battlefield," he said.

The general then addressed a more sobering topic. "There is no way that I can stand here in front of you and guarantee you that each and every one of us will come back alive. I can't do that. ... The enemy is resisting. We will have to fight him and we'll have to kill him. But

the one thing I can guarantee you is that every one of you will come back. ... We may not come back alive but we'll come back. And that is important. We must not leave a single soldier on the battlefield unaccounted for. That is a leadership responsibility and that's a fellow soldier's responsibility. And that's all about soldiers taking care of soldiers every minute of the day in battle," he said.

Sanchez again said, "I'm real proud of you. I know you're ready. You've done some tremendous training. I've not seen a brigade combat team better trained than where you stand today. Whether it's tactics, whether it's gunnery, whether it's maintenance, you will have to maintain those standards because that will be the difference on the battlefield. I'm proud of you. Iron soldiers."

Power of Attorney - critical when deploying

By Capt. Catherine Lev
Baumholder Legal Office

A Power of attorney is a legal document that authorizes another person to act on your behalf. When your representative has a correct Power of Attorney in his or her hands, different agencies may deal with them just like they would have dealt with you, if you were present. A Power of Attorney comes especially handy for deployed soldiers whose ability to conduct their own affairs is limited in an operational environment.

There are several different Powers of Attorney. The most common are reviewed below.

Military Affairs Power of Attorney - allows your representative to do everything necessary to clear government quarters and travel

back to the United States at the expense of the government. It also allows your representative to sign for quarters at the new duty station and receive household goods.

Finance Power of Attorney - allows your representative to make inquiries about your pay, receive your LES and stop/decrease allotments.

Banking Power of Attorney - allows your representative to make deposits and withdrawals to your account. Some banks accept this Power of Attorney and some don't. Many banks require specific language in their Power of Attorney or have their own form. You do not need that one if the account is held jointly by you and your spouse.

Power to Register and Operate Motor Vehicle - allows your repre-

sentative to baby-sit the vehicle in your absence. You need the VIN number of the vehicle to complete this Power of Attorney. It is not needed when the name of your spouse or other representative is on the registration. Separate Powers of Attorney are needed to ship and receive a motor vehicle.

"Barracks" Power of Attorney - is a Power of Attorney specifically designed for single soldiers living in the barracks. It allows a designated representative (usually the rear detachment sergeant) to supervise the packaging and storage of your belongings. A Power of Attorney for POV storage is often helpful for single soldiers as well.

Guardianship Power of Attorney/Medical Care Power of Attorney - is useful for couples with

children. If something happens to the mother while the father is deployed, these two Powers of Attorney allow the representative to care for the children on the temporary basis until their permanent guardian comes from the United States and collects them.

General Power of Attorney - covers everything not addressed specifically. It is a powerful tool in the hands of the representative, allowing them to empty your bank account and borrow money in your name, among other things. You should not give anyone a General Power of Attorney unless you trust that person unreservedly. Also, not all military and civilian agencies accept a General Power of Attorney. In Baumholder a General Power of Attorney allows your represen-

tative to a tax return for you and to get an AER loan.

Miscellaneous Powers of Attorney - is a Power of Attorney that covers an assortment of specific actions such as replacing a lost ID card and DEERS enrollment, applying for an AER loan, shipping a pet, etc. Since signatures of both parents are required to obtain a passport for a minor child, the parent applying for the passport needs a power of attorney from the other parent.

If you are a single soldier leaving a pet behind, you will need a power of attorney for veterinary care.

The Baumholder Legal Office provides Powers of Attorney on a walk-in basis for both soldiers and family members.

Restrictions lifted

Military postal officials have announced that the restriction on mailing rationed cigarettes and tobacco products, coffee and coffee products through the military postal services has been temporarily lifted for people deployed to contingency military post offices in Kuwait, Afghanistan and Turkey (APO 09341 only). For more details call Detachment A, 90th Personnel Service Battalion at mil 485-6618.

Postal volunteers

Army post offices, consolidated mail rooms, and unit mail rooms have volunteer opportunities available throughout U.S. Army in Europe. Due to recent events, military postal personnel working in these functional areas have been deployed or used to support force protection requirements. This has had a tremendous impact on the work force at most postal activities.

Because of the current FPCON level and possibly of this requirement extending to an undetermined time, volunteers may be needed throughout USAREUR in support of this critical postal mission.

Advisors meet

The Baumholder Youth Services Parents Advisory and Assistance Committee holds an organizational meeting at 5 p.m. May 8 in the Underground. The committee is a non-governing body established to advise and assist the youth services staff in selecting programs and activities to be offered. Committee members receive training on the mission and purpose of Youth Services as well as training in Boys and Girls Club of America and 4-H programs. The committee is an advocate for youth programs and serves as a liaison between Youth Services staff and members of the community. Some of the other functions of the committee include:

- Help YS meet the needs of community youth;
- Help get the word out on programs and activities;
- Help improve the YS experience for children;
- Help motivate other parents to get involved in YS programs.

For more information call mil 485-8249

Class added

A special in-between terms class, SOCY 105, Introduction to Contemporary Social Problems, has been added to the education center program. The class meets April 14 through May 23 on Mondays, Wednesdays and Fridays, from 8 – 11:25 a.m. Call the education center for details.

Free calls

Service Credit Union is offering

Post notes



Photo by Mary Prost

That's so gross

Sandra Welch shows Neubrück Elementary School children just how much fat certain foods contain during National Nutrition Month activities.

the use of their video conference room free to active duty military persons stationed or deployed in Germany.

Persons can call family members, close friends and relatives living in the United States, from Service Credit Union's overseas headquarters video conferencing room located in Pulaski Barracks, Building 2934. The family member can receive the conference call from Service Credit Union's corporate office at 2010 Lafayette Road, Portsmouth, NH.

The SCU Video Conference Room will be available by appointment on weekends.

This is an excellent opportunity to let your loved ones hear and see that you are doing well.

Persons interested in using this free service, or for additional information about video conferencing, may call mil 489-6001 or civ 0631-351-2010.

Bank closed

The Community bank will be closed April 18 and 21 in observance of the German Easter holiday break. All automatic teller machines will be in operation as usual.

Memorial fund

Community Bank employees have established a memorial fund for Capt. Christopher Seifert who

was killed in the grenade attack at Camp Pennsylvania in Kuwait.

Seifert was stationed at Baumholder as a member of Headquarters, Headquarters Company 1-6 Infantry Battalion from 1998 to 2001. During this time his wife, Theresa, was employed at the Baumholder Community Bank until they departed in August 2001.

The memorial fund will remain open until June 1. The proceeds will then be forwarded to Seifert's wife. The memorial fund account number is 3691298927, and each donator is asked to leave their name with a bank associate to ensure that their name accompanies the proceeds.

Seifert left Baumholder in August 2001 for his new station at Ft. Huachuca, AZ where he attended officer's training. The Seiferts then joined the 101st Airborne Division at Ft. Campbell, KY.

Seifert was then deployed to Operation Iraqi Freedom and was tragically killed, leaving his wife Theresa and their four-month-old son Benjamin.

For more information call Margaret Cook or Ingrid Lopez at mil 485-7575.

Finance hours

Baumholder's 8th Finance Battalion customer support hours have changed. Customer service hours are now 9 a.m. to 3 p.m. Mondays,

Wednesdays and Fridays and their cashier service is now Mondays, Wednesdays and Fridays from 9 a.m. to 12:30 p.m. Their in and out processing hours remain the same, Mondays through Fridays from 8 a.m. to 3:30 p.m.

ACAP services

The Baumholder Army Community Alumni Program office hours are from 7:30 a.m. to 4:30 p.m. ACAP is also open during lunch to assist clients. Soldiers scheduled to separate can get information about their options at ACAP. ACAP offers pre-separation briefings, job assistance workshops and job assistance counseling that can help soldiers review their options and assess how the skills developed in the Army can be transferred into civilian life. Soldiers can make appointments for ACAP services at mil 485-6741/6330 or civ (06783) 6-6741/6330.

Pre-separation

Soldiers must complete a mandatory pre-separation briefing at ACAP no later than 90 days before their estimated date of separation. Appointments are available every day at 9 a.m. and require approximately an hour and a half.

Job assistance

ACAP offers job assistance

workshops and counseling to help with the transition from the military to the civilian job market. Two day workshops are offered by formal instruction every other Tuesday. The next workshops are April 15 – 16 and 29 – 30 from 8:30 a.m. to 4:30 p.m.

Job assistance can also be accessed through ACAP's computer system and covers such topics as how to create a resume, find jobs, network, and interview. Clients can cover topics by computer at their own pace.

Call to schedule an appointment, or drop by any afternoon to work with ACAP's computer-based job assistance tools. For more information, call ACAP at mil 485-674/6330 or civ (06783) 6-6741/6330.

Boxing update

The results of Baumholder's boxing invitational March 15 are as follows:

Welterweight, 147 pounds

Ross Ella, Baumholder, winner by decision vs. Noel Gorspe, Friedberg

Lightmiddle Weight, 156 pounds

Raheem Johnson, Hohenfels, winner by a referee stopped action in the third round, vs. Curtis Ellcessor, Spangdahlem

Jacob Henson, Friedberg winner by decision vs. Earl Jordan, Ansbach

Lapatrick Tucker, Hohenfels winner by decision vs. Charles Perry, Ansbach

Light Heavyweight, 178 pounds

Tyralea Dixon, Baumholder winner by a referee stopped action in the first round, vs. Justin Johnson, Baumholder

Vanthea Chhim, Baumholder winner by decision vs. Terrance Graves, Aviano

David Smith, Baumholder winner by decision vs. Michael Thian, Aviano

Marty Alston, Aviano winner by decision vs. Mark Roberts, Baumholder.

Heavyweight 201 pounds

Gregory Murphy, Ansbach, winner by decision vs. Jayson Hubbard, Baumholder

Ezekiel Brown, Baumholder, winner by decision vs. Spencer Wilson, Hohenfels

Benjamin Bradley, Hohenfels, winner by referee stopped action in the first round vs. Daniel Johnson, Baumholder

Team scoring:

- Baumholder, 41 points
- Hohenfels, 17 points
- Ansbach, 13 points
- Aviano, 11 points
- Friedberg, 10 points
- Spangdahlem, 3 points
- Heidelberg, 1 point



Photos by Ignacio "Iggy" Rubalcava

Getting ready

Above, Staff Sgt. Susan Stewart, 47th Headquarters, Headquarters Detachment, gives a vehicle a thorough dousing to prepare it for inspection at the Installation Staging Area prior to shipping it off prior to the unit's deployment. At right, Members of the 47th HHD clean and conduct maintenance on a vehicle prior to having it inspected at the ISA.

