

# Community readies for Health and CARE Fair

By Ignacio "Iggy" Rubalcava  
U.S. Army Garrison Baumholder Public  
Affairs Office.

Preparation for deployment is the focus of this year's Health and CARE Fair, scheduled for Sept. 11 from 10 a.m. to 4 p.m. this is the second year that garrison agencies team up with the health professionals to provide a comprehensive one-stop shopping event for community members to obtain information about a wide range of services.

"Teaming up with the health professionals is an idea that worked well last year so we are offering our customers the same opportunity to obtain information or register for numerous events or activities again this year," said Catherine Dubosc, event coordinator.

"In general, this is an opportunity for Soldiers and families to interface, interact and register with community and off base facilities, activities and services," said Dubosc.

As Soldiers from the 170th Infantry Brigade Combat Team train for their upcoming deployment, family members should also prepare. That's where this year's Health and CARE Fair comes into



Photo by Madeleine Dwoiakowski

**Capt. Tara Bowman and Laney Rich browse through force protection information at last year's Health and CARE Fair.**

play. Everything from financial preparation and identity theft awareness, to TriCare registration will be available at the Hall of Champions. Family Readiness Group representatives will out in force, looking for family members who have not yet registered with their respective FRG.

Of course, both the medical and dental clinic will be providing information

Safety, the schools, vehicle registration, outdoor recreation and much more.

The U.S. Army Garrison Baumholder will also showcase iWATCH, a program designed to help keep communities safe from terrorist or criminal activity by reporting actions and behaviors that appear suspicious.

Army Community Services will be offering classes to prepare families for deployment. Possible classes include, Love Languages, How to Keep the Fire Burning, How to Manage Your Expectations, and Battleminds. Actual classes offered will be announced as the event date gets closer.

ACS will offer child care at the Smith Child Development Center during the event and the Hall of Champions will have a lunch and beverage service, dependent on space availability.

"We cannot forget that a key element of this event is registration. There will be opportunities for community members to register for activities like volunteering, youth services, FRGs, private organizations, and much more," said Dubosc.

For more information call mil 485-6115 or civ (06783) 6-6115.

and providing online registration for programs like TriCare.

Private organizations like the Community Spouses Club and the VFW will also be represented.

Other key agencies that will participate include BOSS, chaplain's office, legal and tax center, AAFES, commissary, the bank and credit union, civilian personnel office, fire department and